

2023
Annual Report



Providing Creative Care Solutions for the Community

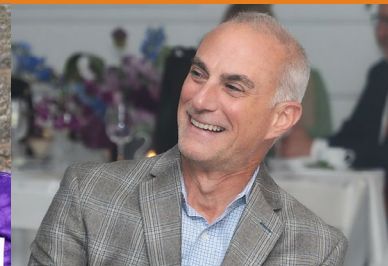


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From RHD’s CEO



In 2023, RHD experienced a year marked by challenges and uncertainties, punctuated by moments of hope and accomplishment. In navigating these trials, we were compelled to swiftly adapt, strategically maneuver, and steadfastly rely on our commitment to delivering the high standard of services expected of us.

Our annual report’s theme this year, “Providing Creative Care Solutions for the Community,” reflects the remarkable achievements and transformative initiatives we have undertaken. For example, on June 1, 2023, we proudly launched the New Orleans Mobile Crisis Intervention Unit (MCIU), a pioneering program that has redefined emergency care standards. By facilitating direct access for individuals in distress to specialized crisis teams via a simple 911 call, the MCIU not only addresses acute crises, but it also nurtures enduring community resilience.

Another inspiring narrative stems from a collaborative effort from RHD’s Street2Feet and the Pennsylvania Assistive Technology Foundation. Alice Montes, an impassioned Street2Feet intern from East Stroudsburg University, demonstrated our core values by securing a motorized wheelchair for Kirk, a 63-year-old homeless man bravely battling Huntington’s disease. Alice’s compassion and proactive spirit vividly illustrate the profound power of individual initiative in improving the lives of RHD’s participants.

Additionally, the Center for Creative Works reached record-breaking sales exceeding \$33,000 at the 2023 Outsider Art Fair in New York. This milestone not only celebrates the imaginative prowess of neurodivergent creators, but also highlights our steadfast commitment to fostering inclusive artistic expression and promoting economic advancement.

At RHD Lifesharing, we continued to celebrate significant milestones of personal triumph. Brandon Gessitz’s receipt of the 2023 Self-Advocacy Achievement Award affirms our dedication to empowering individuals within our programs. Brandon’s success dramatically spotlights the life-altering impact made possible through personalized care and community support.

These narratives exemplify our resolute commitment to groundbreaking solutions that transcend conventional care norms. They are a testament to our team members, partners, and supporters who tirelessly strive to effect positive change in the lives of others.

As we contemplate our milestones in 2023 and look forward to the future, we are invigorated by boundless possibilities in 2024. We now stand stronger, more resilient, and better equipped to navigate the challenges and opportunities that lie ahead. It is abundantly clear: **Together We’re Better, Together We’re RHD!**

We extend our heartfelt gratitude for your invaluable role in our community. We eagerly anticipate continued growth, innovation, and collaboration in the years to come.

Brian Matthew Rhodes

Brian Matthew Rhodes, Esq.
Acting President and Chief Executive Officer

About Us

Resources for Human Development (RHD) is a national, comprehensive human services organization that provides caring, effective, and innovative services to empower individuals to reach the highest level of independence possible and build better lives for themselves, their families, and community.

In 2023, RHD operated over **125 programs in 13 states** and served more than **30,000 adults and children**. RHD’s programs specialize in helping individuals and families with complex needs, such as mental illnesses, developmental disabilities, chronic homelessness, substance abuse, post-traumatic stress, physical/emotional abuse, and more. RHD’s wide spectrum of services covers housing, healthcare, education, community development, job training, career counseling, social services, addiction counseling, creative arts therapies, and peer support to veterans transitioning back to civilian life.

13 STATES

- Connecticut
- Delaware
- Florida
- Iowa
- Louisiana
- Massachusetts
- Missouri
- Nebraska
- New Jersey
- North Carolina
- Pennsylvania
- South Dakota
- Tennessee

AREAS OF EXPERTISE



Intellectual & Developmental Disabilities



Behavioral Health



Integrated Health Care



School-Based & Children’s Services



Supportive Housing

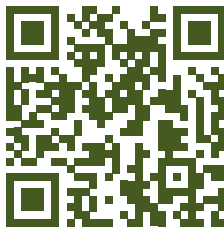


Drug & Alcohol Recovery



Arts & Culture

To view a full list of our programs visit www.rhd.org/our-programs or scan the QR code.



EMPLOYEES >4,000

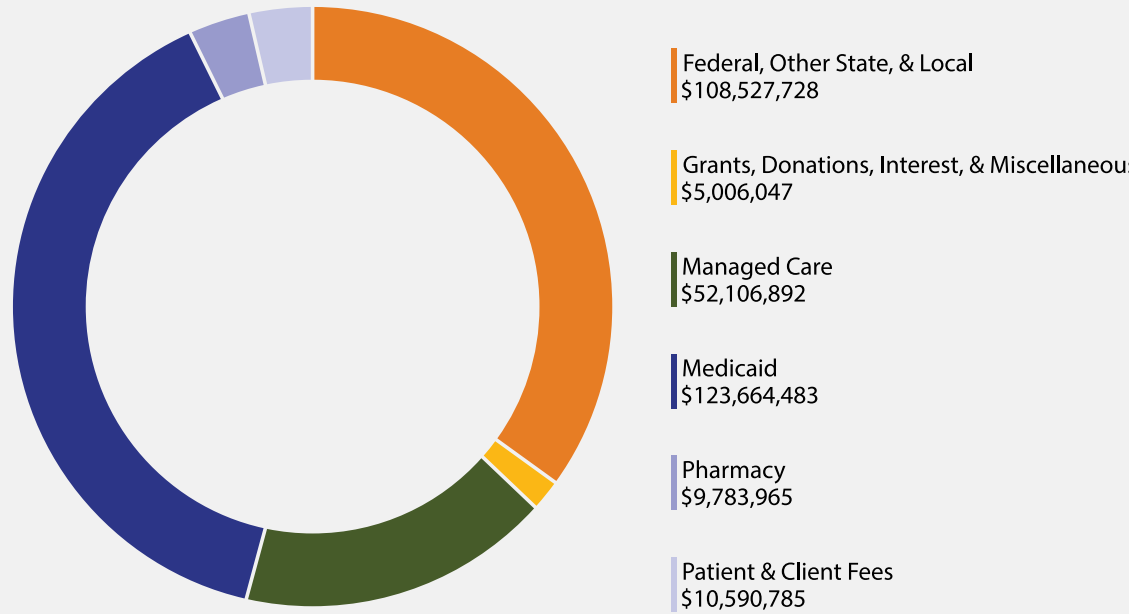


What We Do

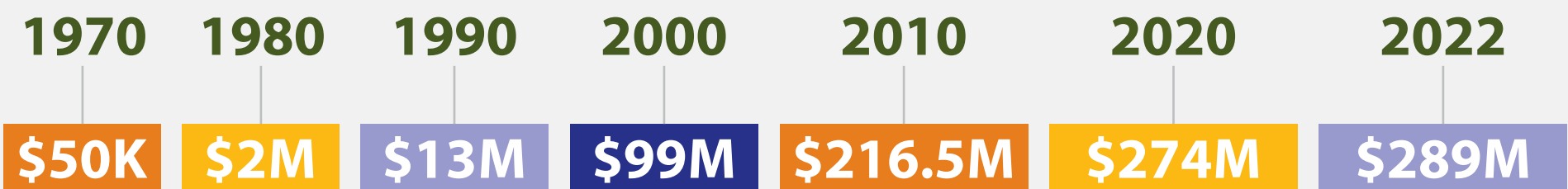
2023 ANNUAL REVENUE

\$308 million

REVENUE BY SOURCE



PAST ANNUAL REVENUE



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Resources for Human Development



Highlights from RHD's Behavioral Health and Housing Division

RHD's programs provide creative care – innovative services that enable participants to live their best lives. The Behavioral Health and Housing (BHH) division cultivates a diverse collection of success stories. With 98 programs across seven states, the BHH division addresses a spectrum of needs, anchored in the principles of recovery. From closely supervised housing and immersive inpatient therapy to outpatient counseling and expressive art initiatives, RHD's services nurture healing through creativity. Programs for both children and adults help to build life skills and self-confidence, removing as many barriers to independent living as possible. Through residential initiatives, RHD's BHH programs emphasize life skills education, empowering adults with mental illnesses to navigate community life with confidence and resilience.



New Orleans Mobile Crisis Intervention Unit

RHD's New Orleans Mobile Crisis Intervention Unit (MCIU), launched on June 1, 2023, is transforming emergency care by offering immediate support to individuals in distress. Integrated into the 9-1-1 system, the multidisciplinary MCIU serves as an alternative to traditional emergency responders like EMS, the Fire Department, and the New Orleans Police Department. The unit delivers a rapid, mobile response, meeting people experiencing behavioral health crises directly in the community.

In addition to its effective crisis intervention, the MCIU implemented a robust marketing campaign and prioritized staff well-being to advance a culture of wellness within the team. Media coverage praised the MCIU's efforts, highlighting its role in providing immediate assistance and reducing the burden on emergency services. In 2023, the MCIU received over 1500 calls, significantly decreasing police involvement in behavioral health emergencies. The team met its goal of an average response time in less than 20 minutes, and the majority of these calls were resolved in the community. This success underscores MCIU's creativity and ingenuity, which has enabled the community to live safer and more rewarding lives.



Scan QR code
to learn more.



Providing Creative Care Solutions for the Community



PA START Allegheny

Launched on July 18, 2023, PA START Allegheny is a partnership between RHD, Allegheny County Department of Human Services, PA Office of Developmental Program, and PA Office of Mental Health and Substance Abuse Services, with guidance from the National Center for START Services™. Speakers at the launch event held in Monroeville, PA, highlighted the transformative impact of the START model, emphasizing the importance of trauma-informed approaches and enriching life experiences for holistic well-being.

PA START Allegheny is a specialized mental health service for individuals aged 6 and older with intellectual and developmental disabilities (IDD) and behavioral health needs. START stands for Systemic, Therapeutic, Assessment, Resources, and Treatment, and aims to improve lives through person-centered, evidence-informed practices. PA START Allegheny aids participants through education, empowerment, opportunities, and by challenging misconceptions and biases.

The program's aim is to prevent crises and provide stability, with a strengths-based approach and collaborations with various providers to align goals and support systems, enhancing rather than replacing existing care. PA START Allegheny's services include 24/7 crisis response, prevention, intervention, coaching for caregivers and staff, community partnerships, and comprehensive assessments. Hospitals, providers, families, and others can make referrals if the individual is in crisis or has complex needs. Traditional crisis response interventions are rarely adapted for the IDD community. START provides a creative approach for crisis with this population.



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Montgomery County Homeless Services

Montgomery County Homeless Services, a collaboration between RHD, Your Way Home, and Montgomery County's Office of Behavioral Health, supports individuals experiencing homelessness in Montgomery County, PA. Dedicated caseworkers assist clients in securing permanent housing and essential benefits while providing practical support like laundry facilities, meals, and life skills training. Montgomery County Homeless Services has emerged as a crucial support system for the area's homeless community, following the closure of RHD's Coordinated Homeless Outreach Center (CHOC).

On May 23, 2023, CHOC garnered honors at the Montgomery County CSP Conference and Mental Health Awards Reception, held at Martha's Community Farm in Audubon, PA. The program received a Recovery & Resiliency Award for its year-round emergency housing service and comprehensive support, including counseling and benefits guidance.

During the event, speakers emphasized the theme "Courage to Continue," highlighting the resilience of those facing challenges. CHOC's commitment to creatively supporting vulnerable individuals earned them recognition, reflecting RHD's value of respecting each person's dignity.



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RHD Womanspace Philadelphia

On September 11, 2023, Womanspace Philadelphia inaugurated its second location, Empower, a new facility in the Philadelphia neighborhood of Germantown. The event convened staff, participants, alumni, and guests such as Dr. Latika Davis-Jones, Secretary of the Pennsylvania Department of Drug and Alcohol Programs. Womanspace Philadelphia participants and alumni shared impactful stories of transformation and program support, highlighting Womanspace's understanding of addiction's persistence and its commitment to helping women achieve sobriety. Discussions also centered on substance use disorder treatment achievements, challenges, and regulatory initiatives in Pennsylvania. Empower offers 12 beds and a SMART therapy room, designed by RHD's Environmental Design Specialist, providing sensory tools for therapy sessions. This creative innovation reflects RHD's commitment to holistic support and underscores the vital role of programs like Womanspace Philadelphia.

Womanspace Philadelphia serves as the only female residential treatment program for dually diagnosed, chronically homeless women. Special components address drug/alcohol addiction, mental illness recovery, life skills, and parenting skills. The program provides individual and group therapy in an intimate home-like setting, with the ultimate objective being reintegration.



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Street2Feet

RHD's Street2Feet Outreach Center is Monroe County, PA's sole day shelter and outreach program for homeless adults, funded in part by the Emergency Solutions Grant. In 2023, Kirk, a 63-year-old diagnosed with Huntington's disease, found solace at Street2Feet after being hit by a car while using a broken walker. With the help of Alice Montes, a Street2Feet intern from East Stroudsburg University, Kirk received a motorized wheelchair donated by the Pennsylvania Assistive Technology Foundation. This gift, celebrated by Street2Feet staff, has transformed Kirk's life, granting him newfound independence and the ability to easily navigate around his town. Despite ongoing struggles, Kirk remains deeply appreciative of the support and care he receives, highlighting the importance of community efforts in aiding vulnerable members like him. Through collaborations with local organizations and efforts to secure assisted living housing, Street2Feet continues its mission to uplift individuals like Kirk, underscoring the profound impact of creatively partnering for collective action in cultivating community well-being.



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Family House NOW

Family House NOW is a residential treatment facility aiding women with mental illness and chemical dependence, along with their children. Family House NOW's creative approach to supporting women in their recovery provides a treatment space that does not require them to separate from their children. Special components address drug and alcohol addiction, mental illness, life skills, trauma, and parenting skills, as well as prevention and intervention for the children. Timmi Kilgore, once homeless and grappling with addiction and trauma, found refuge in Family House NOW. Under its guidance, Timmi transformed her life, attaining education, career success, and homeownership. She credits the program for instilling discipline and essential life skills. Transitioning from Family House NOW, Timmi pursued further education, authored a book, and established a nonprofit aiding families in need. Her story underscores the power of resilience, and the belief that overcoming adversity is possible with determination. Timmi's journey serves as a beacon of hope, demonstrating that no situation is irredeemable, and positive change is achievable with effort and support.



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Timmi Kilgore



Emily Nichols

Highlights From RHD's Integrated Healthcare

The Family Practice and Counseling Network (FPCN) consists of health centers providing primary care, behavioral health education, prenatal care, family planning services, dental care, community outreach, and advocacy. The nurse-managed centers are primarily funded by the U.S. Department of Health and Human Services to serve public housing residents and surrounding communities. Nurse Practitioners certified in primary care and licensed behavioral health professionals provide high-quality care aimed at improving the health status of the underserved, uninsured and vulnerable people.

After two years of operating in a temporary space due to civic actions commemorating George Floyd, FPCN celebrated the reopening of its Health Annex clinic at 6120 Woodland Ave., Philadelphia. The open house on January 27, 2023, educated the Southwest Philadelphia community about the available services and provided opportunities to strengthen partnerships. The event also introduced new services, including FPCN NOW (Nourish Our Wellness), a care clinic inside ShopRite; the WOW (Wellness on Wheels) Mobile, a mobile health unit; and the upcoming Family Health and Birthing Center at Woodland Village Plaza, addressing maternal mortality crises in collaboration with the community. FPCN's crucial and unique services represent RHD's commitment to creative care at its finest.

Emily Nichols, Executive Director at FPCN, received recognition as a 2023 Healthcare Power Player by the newspaper, *Metro Philadelphia*. Her service and dedication have helped FPCN flourish and provide life-saving health care to the community.



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Highlights From RHD's Intellectual and Developmental Disabilities Division

RHD cultivates a sense of belonging and autonomy for individuals with intellectual and developmental disabilities (IDD). With 36 programs spanning eight states, RHD consistently pioneers new approaches to support individuals in living their best lives. Through initiatives like creative arts therapies and the companion model, RHD promotes independence and enriches the lives of those with IDD. These initiatives not only encourage active participation, but also emphasize the importance of interpersonal connections, enabling individuals to contribute meaningfully to their communities and cultivate lasting relationships.

At the heart of every IDD program lies RHD's unwavering belief in the equal worth and dignity of all individuals. Whether through supervised residential programs or community-focused initiatives, RHD remains committed to creating solutions that address a wide spectrum of challenges. By prioritizing, personal safety and accountability, and upholding principles of competence and due process, RHD continues to pave the way for inclusive and empowering care.



Lifesharing

RHD's Lifesharing program offers community-based residential services, unlicensed home and community habilitation, and respite services for people with intellectual and/or developmental disabilities and/or autism. Host families share their homes and life experiences with carefully matched individuals. The Lifesharing provider is a family-oriented home that offers people the ability to participate and contribute to the household while promoting personal growth and independence.

Lifesharing participant Brandon Gessitz received the Self-Advocacy Achievement Award at the 17th Annual Celebration Awards on March 28, 2023. Brandon, once struggling with negative behaviors, found support within the program, leading to emotional growth. After transitioning to his current home, Brandon thrived under his provider's care, actively participating in community events and supporting friends, even amid challenges like a friend's military deployment.

Presented by The Arc of Lehigh and Northampton Counties, the Celebration Awards acknowledge individuals making positive differences. The ceremony, held in Bethlehem, PA, honored Brandon along with 12 other recipients. Lifesharing staff and participants joined in the festivities, which included lunch, speakers, and local mascot appearances.

As Brandon accepted his award with program specialist, Ian Suji Oduor, applause filled the room. The Lifesharing community's bond was evident in their shared joy captured in photographs afterward. Stories like Brandon's highlight the program's commitment to creatively supporting individuals through life's challenges while fostering genuine connections.



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PERIPHERAL VISIONS

A Selection of Studio Works from Imagine That! KC and
Johnson County Developmental Supports Emerging Artists



Imagine That!

RHD's Imagine That! is an innovative arts studio for people with intellectual disabilities. The program offers creativity-based healing and learning opportunities for artists of all abilities, providing people with expert guidance to realize their creative potential and explore various means of personal expression. The Kansas City Public Library's Peripheral Visions exhibit opened on January 7, 2023, and featured an array of incredible work by Imagine That! artists. The collaborative showcase, in partnership with Johnson County's Developmental Supports' Emerging Artists program, aimed to initiate a dialogue about neurodiverse artists and their role in the art world.



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Paige Donovan



Allen Yu

Center for Creative Works

The Center for Creative Works (CCW) is a unique, creative day service program with a focus on arts and arts-based skill-building, education, in-house-generated vocational opportunities, and community involvement for people with intellectual and developmental disabilities. CCW showcased 11 of their artists at the annual Outsider Art Fair, which ran March 2–5, 2023, in New York City. The fair celebrates Self-Taught Art or Art Brut, featuring unconventional works by neurodivergent artists.

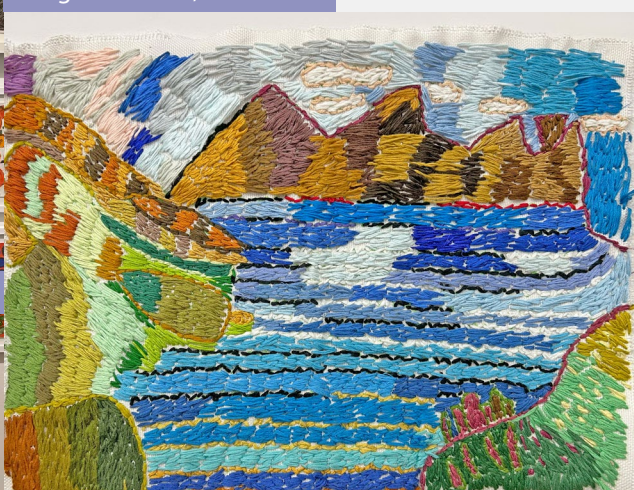
During the four-day event at the Metropolitan Pavilion, CCW sold over \$33,000 worth of art, with Allen Yu selling 12 pieces showcasing colorful depictions of food and drink. Paige Donovan, another CCW artist, sold six pieces, including embroideries and paintings. Other CCW artists, including Clyde Henry, J. Douglas Tan, and Eric Stewart, also displayed their work.

CCW's participation in the fair has garnered attention beyond its Philadelphia-area headquarters, with their art even adorning the walls of a New York investment firm. Acclaimed actress, Edie Falco, purchased one of Allen's pieces this year, adding to the program's growing acclaim.



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Paige Donovan, *Mountains*



Allen Yu, *Seoul Subway Line*



IDEATE

IDEATE is an inclusive employment program dedicated to providing clinically guided support to individuals with barriers to getting and sustaining earning opportunities. Its mission is to redefine “work” one person at a time, while leveling the playing field using technology.

On October 27th, 2023, RHD's IDEATE in Philadelphia unveiled **innov8**, a pioneering technology lab designed for individuals with developmental and intellectual disabilities. This fully accessible media production facility creatively breaks barriers by offering cutting-edge equipment and software tailored to the user's needs. Innov8 boasts assistive technology-compatible tools, ergonomic furniture, and innovative interface designs, including camera systems tracking head or eye movements and mouthpiece typing. It also features extra-large monitors for visually impaired users, a green screen for commercial production, synthesizers for music creation, and devices for gaming, e-commerce, and social media.

The day commenced with IDEATE participants Bing, Tyrik, and Kevin setting up tables outside to showcase their products, such as candles, t-shirts, and essential oils. Inside, IDEATE participant, George, illustrated how this new technology supports G-Fresh Emporium, his small business making aromatherapy products. Guests witnessed first-hand how innov8 lab technology helps participants expand their businesses creatively. Philadelphia City Councilwoman, Kendra Brooks, praised the collaboration between IDEATE and RHD, emphasizing inclusivity and advocacy. Allyson Dezii from the Chamber of Commerce for Greater Philadelphia hailed innov8 as a crucial step in bridging the accessibility gap in the business community.

The ceremony concluded with a ribbon-cutting ceremony led by IDEATE Program Director, Kaelynne Koval, marking the official opening of innov8. The event symbolized a united vision for a more inclusive future, where opportunities exist for all.



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Main Line Wine Gala

The 10th annual Main Line Wine Gala was held on October 12, 2023, at Appleford Estates in Villanova, PA. This year’s milestone Gala celebrated a “Decade of Difference” with exquisite wines paired with delectable food in an invitingly bucolic environment featuring impressive works by artists from RHD’s Center for Creative Works (CCW). Featured RHD programs CCW, United Peers, and Stepping Stones embodied the passion and commitment that drives RHD’s successes. Program directors Lori Bartol, DiAndra Thompson, and Debra Abrams spoke in a video featuring their programs about the power of continued support over time and how it helps to transform lives today and tomorrow. Their testimonies drove home the message that “Together, We’re Better” and that RHD’s extended networks are part of the community of care that makes everything RHD accomplishes possible.

136 RHD supporters attended the gala. Event highlights included the auctioning of an exclusive trip to Bordeaux, France, to experience winemaking with Edmonds de Rothchild Heritage, a rousing ovation for RHD program director and United Peers founder, Sheila Prioleau, and the awarding of the first “Champions of Change” honorees. Proceeds went to the participating artists, programs, and future initiatives at RHD to continue creative care and innovation in our service delivery.

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Sheila Prioleau



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