



Hi, I'm  
**Caitlin Hayden**



What's Important  
to Me?

## About Me

I was born and raised in Colorado and went to school at the University of Wyoming where I was a cheerleader. I got my Undergraduate Degree in Psychology and my Graduate Degree in Counseling. I have worked all throughout public safety and human services but my favorite job is RHD! I married my college sweetheart and we have a son, daughter, and two dogs. We love being outside, playing sports, and living in South Dakota!

God  
Family  
Friends  
Self-Care  
Teamwork

Believing in Something  
Dancing like no one is watching  
Communication  
Honesty  
Practicing SELF-LOVE



## Let's be a TEAM!

*Let me advocate for you  
Be honest with me  
Tell me what YOU want  
Show me grace and patience  
Know YOU are my priority*



Puppa

My Fur-Babies

Yeti

My Family

**rhd** RESOURCES FOR  
**HUMAN**  
DEVELOPMENT  
**South Dakota**

Call or Text: 218-241-9291

[caitlin.hayden@rhd.org](mailto:caitlin.hayden@rhd.org)