

# ALYSSA RECORD



"I love sunflowers and sunny days~"



## What People Like and Admire about Me:

- ◆ Kind hearted
- ◆ Loyal
- ◆ Hard working & efficient
- ◆ Compassionate & caring
- ◆ Good listener
- ◆ Strong leader
- ◆ Optimistic
- ◆ Love to laugh & make the most of each day!!

## My background:

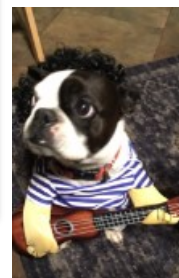
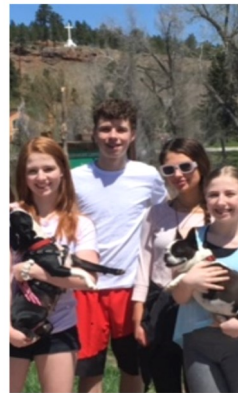
Thirty years ago I began working with people with disabilities and this has shaped my life in the most profound and beautiful way. Learning the importance of speaking out to help others at such a young age helped me to cultivate a life working for equal rights for all human beings: teaching dance to inner-city youth in Minneapolis; advocating for child safety and education; completing my Bachelor Degree from the University of South Dakota, emphasis in Humanities, Social Sciences, and Fine Arts; volunteering at Suzie Cappa Art Center in Rapid City teaching art classes. I have 15+ years teaching experience, teaching 3 year olds to adults, which has cultivated a passion in me for helping others. I am passionate about helping people and I believe wholeheartedly in the mission of RHD. As your Case Manager I will work hard to provide caring and effective services that empower people of all abilities to their highest level of independence.

I worked for the YMCA of Rapid City as a fitness instructor and love helping people find and reach their potential. My motto is a smile and a can do attitude will make every day better!

## What is Important to Me

- ◆ Being an active listener
- ◆ Be present and understand people
- ◆ Finding creative solutions to meet unique needs
- ◆ Respecting and valuing each individual for who they are
- ◆ Teamwork!! Collaboration is a key ingredient of success
- ◆ Helping people create realistic goals and achieve their dreams!

◆ **Family:** I am the youngest of six kids and even have a twin brother! And I am the lucky Mom to four amazing kids, the most rewarding job of my life!



- ◆ **Nature:** I am an outdoor enthusiast!
- ◆ **Artistic expression**

## Ways to Support Me

- ◆ **Open communication;** call, text or email anytime and I will do my best to respond quickly.
- ◆ **Be direct but compassionate**
- ◆ **Love feedback & connecting with people**
- ◆ **Be open minded - Brainstorm ideas together to create innovative solutions**
- ◆ **Smile!** 😊 **Never underestimate the power of your smile!**
- ◆ **Having quiet time to process**
- ◆ **Don't like feeling rushed or having to make a quick decision without having all the information.**

My dog on Halloween!

## Contact Me!



**605-390-1401**



**Alyssa.record@rhd.org**