

## How to best support me:

- Give me clear, concise instructions/directions for each task
- I am quiet and don't feel the need to talk all the time.
- Keep me informed. Call, text, email what works for you, works for me
- At first, I am a little reserved and it appears like I am a little shy/quiet, but a very strong advocate.

# Jessie Langbehn



## Contact me:

222-5339

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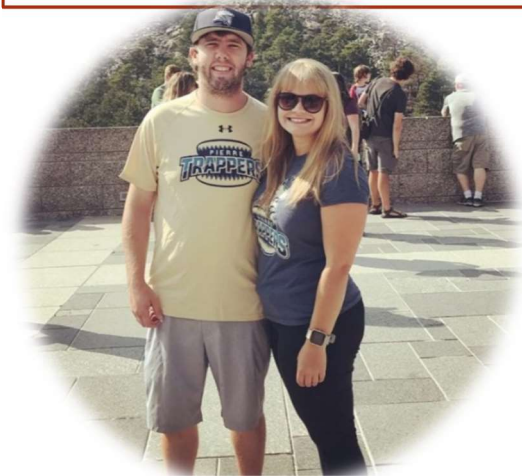
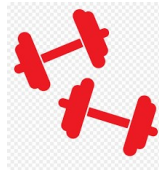


## Professional background:

- Graduated from NSU
- Worked as a DSP for 3 accumulative years

## What is important to me:

- Working out
- Spending time with my family
- Taking my time to get the job done right the first time
- Self-care
- Being respected
- Having a healthy work/life balance



## What people appreciate about me:

- Hard working
- Adaptive
- Organized
- Listener
- Understanding
- Committed
- Caring

