

## CTI Overview

### *Critical Time Intervention*

#### **Overview**

Critical Time Intervention is a 9-month time limited program that works to engage homeless individuals as they transition from an institutional setting, such as a homeless shelter, to a more community based living situation. Acknowledging that the first few months after leaving an institutional setting is critical for long-term adjustment, CTI works with the consumer to create solid, long term community linkages. Before a consumer first moves to community housing, the CTI team meets with the individual while they are still in the shelter, or other placement, to formulate a treatment plan with specific attention to six areas that facilitate community stability: housing crisis management, well-being, money management, substance abuse management, life skills, and family interventions.

#### **Phases**

CTI works through four distinct phases – each phase acknowledges that a consumer’s needs may change over time and should constantly be evaluated and acted upon.

##### **Pre Phase:**

The essential task of the “Pre” phase is to begin engagement with the client and to begin identifying housing options and barriers. This is often a lengthy process and therefore staff also begin to assist clients in connecting to other identified needs.

##### **Phase One: Transition to the Community (months 1-3)**

The essential task of the first phase is to facilitate a client’s transition from the shelter or other institutional setting, and begin linking them to services in their new communities.

##### **Phase Two: Try Out (months 4-6)**

The essential task of the second phase is to assess the client’s level of functioning, to work with the client to maximize his strengths, and to anticipate his vulnerabilities. The linkages made in the first phase are evaluated and adjusted as necessary.

##### **Phase Three: Transfer of Care (months 7-9)**

The essential task of the third phase is to deal with the end of the CTI relationship, and to address the client’s long-term needs. Fine-tuning in the client’s system may be needed, but optimally everything will be in place at this stage.

#### **Staffing Summary**

The CTI team consists of an Operations Director and Clinical Director who supervise the program, an Outreach Coordinator who handles incoming referrals and assesses their appropriateness, an Administrative Assistant and six CTI Specialists.

#### **Questions & Referrals**

If you would like to make a referral or have questions about the CTI program, please contact Operations Director, Patrick Zetzsche (610-279-4240) or Outreach Coordinator Lyndi Roberts (610-212-2343).