



Tristan Koberg



What matters to me:

- The powers of growth and creativity
- Listening to the stories of those I work with
- Making people laugh
- Helping people to have rewarding and happy lives
- Providing people with ways to express their thoughts and feelings
- My garden
- My cats
- Helping others to feel valued, understood, and heard
- Having fun with those I work with
- Eating healthy and taking care of my health
- Art and dance
- Helping people get organized



My Background:

I'm originally from Colorado and just moved to South Dakota a couple years ago. I've studied psychology and educational psychology, but I found my passion in case management. I've worked as a CM helping families involved with child protective services in Colorado and victims of domestic violence at Children's Inn in Sioux Falls. I've worked with people from all walks of life including those with disabilities. I have strong background in mental illness. I've also studied American Sign Language. I'm really excited to be with RHD and to build lasting relationships to help people reach their goals.

How to help me be successful:

- Give lots of feedback so I know how I can do better.
- Let me know if I do something you appreciate. I love to do things that people appreciate.
- I'm an external processor so sometimes I need to talk through my thoughts out loud.
- Remind me of things you think are important.
- I'm a little dyslexic so please forgive my spelling.
- Work with me to develop clear and attainable goals and expectations that we're both comfortable with.
- Let me know if I need to slow down and never hesitate to ask me to pause so I can better listen to you.

What others like about me:

- My sense of humor
- My ability to listen
- I believe in understanding everyone from their point of view
- I have a calming and peaceful presence
- I believe in making things fun
- I make others feel valued and supported
- I'm quirky and entertaining

Contact me:

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