

# PAIGE ECHTENKAMP

## WHAT PEOPLE LIKE AND ADMIRE ABOUT ME:

- ◆ I have lots of energy.
- ◆ I love meeting new people.
- ◆ I keep things organized.
- ◆ I have a great sense of humor.
- ◆ I'm a great friend.



## WHAT IS IMPORTANT TO ME:


- ◆ Family time, especially with my family in Nebraska.
- ◆ My Two children.
- ◆ Football Season -The Nebraska Cornhuskers! GO BIG RED!
- ◆ Playing softball.
- ◆ Doing good, quality work—doing things “right”



## PROFESSIONAL BACKGROUND

- ◆ I have nine years of experience supporting people with Intellectual/ Developmental Disabilities at Center For Independence in Huron.
- ◆ I am working towards my degree in Behavioral Science, with only about a year left! Yay!
- ◆ Person Centered Thinking coach for 2 years.
- ◆ Knowledgeable about Employment/ Vocational Rehabilitation labor laws.

## HOW TO SUPPORT ME:

- ◆ Having  in the morning and have to go to bed early!
- ◆ Give me time to process change.
- ◆ Be patient with my energy— Sometime I talk fast, just give me a reminder to slow down
- ◆ Knowing what to expect each— Keeping things clean and organized!
- ◆ If I am getting anxious (turning red) - just remind me to slow down and reassure me.

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